

Implementation of SUPRA Best Practice in Cyprus

State Health Services Organization-Mental Health Services

BACKGROUND

Cyprus is the third largest island in the Mediterranean Sea, became an independent Republic in 1960 and has a total number of 904705 inhabitants in Government Controlled Areas. The Republic of Cyprus has been a member of the European Union since 2004. The mental health care in the Republic of Cyprus is financed and secured by both the General Healthcare System and the State and is regulated under the Mental Health law (1997).

In 2022, there were 31 suicides in Cyprus (24 men and 7 women).

The suicide rate (per 100,000 inhabitants, 2020): 1.61 for women and 5.34 for men. The highest suicide rate was among men aged 55-59. In women, the age-group with the highest suicide rates was 45-55.

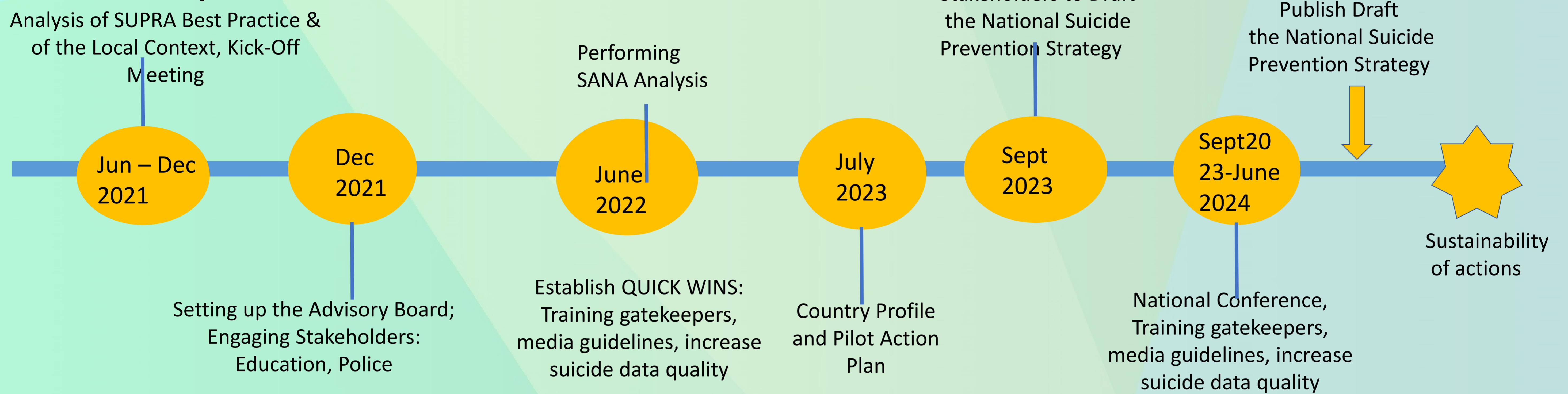
Level of Implementation – National Level

Target Population – Whole of Cyprus

General Purpose – Transfer and Pilot Implementation of the Austrian Best Practice SUPRA on Suicide Prevention

Overarching Aim – The Drafting the First National Suicide Prevention Strategy

Timeline of Implementation Process



PILOT ACTION PLAN

Coordination & organization

Drafting the National Suicide Prevention Strategy

Support and treatment

Training of gatekeepers

Awareness raising and knowledge

Information events, Update media guidelines

Quality assurance / expertise

Improve data base : Increase quality of data on suicide attempts-collaboration with Health Insurance Organization

KEY LEARNINGS

Challenges and solutions

Difficult collaboration with key stakeholders

Positive outcomes

Well-working advisory board

Persistence in actions leads to results

Key lessons learned

Need for high-quality statistical data on suicide

Focused, feasible and practical quick wins should be implemented

GAINS FROM JA ImpleMENTAL NETWORK

Opportunities for **sharing expertise and information.**

Improved knowledge through **training & teamwork.**

Continuous feedback from network partners.