



---

Joint Action on  
Implementation of  
Best Practices in  
the area of Mental  
Health

---

**Thematic Workshop for sustainability and health  
policy and legislation: community mental health care**

**Utrecht, Netherlands**

**February 28-29 2024**

## Thematic Workshop for sustainability and health policy and legislation

<b>Meeting Title</b>	Thematic Workshop for sustainability and health policy and legislation: community mental health care
<b>Meeting Type</b>	Hybrid
<b>Meeting Organiser</b>	Trimbos Institute; World Health Organisation
<b>Meeting Date/Time</b>	28 and 29 February <b>Central European Time</b>
<b>Meeting Location</b>	<p><b>Onsite:</b></p> <p><b>28 February:</b> Trimbos Institute Da Costakade 45, 3521 VS Utrecht – Vincent van Gogh Zaal (2nd floor)</p> <p><b>29 February:</b> Trimbos Institute Da Costakade 45, 3521 VS Utrecht – Innovation room (ground floor)</p> <p><b>Online:</b></p> <p><b>28 and 29 February</b></p> <p><b>Join on your computer, mobile app or room device</b></p> <p><a href="#">Click here to join the meeting</a></p> <p>Meeting ID: 327 477 231 192</p> <p>Passcode: CqGn Cf</p> <p><a href="#">Download Teams</a>   <a href="#">Join on the web</a></p> <p><b>Or call in (audio only)</b></p> <p><a href="#">+31 20 258 8508.692175666#</a> Netherlands, Amsterdam</p> <p>Phone Conference ID: 692 175 666#</p> <p><a href="#">Find a local number</a>   <a href="#">Reset PIN</a></p> <p><a href="#">Learn More</a>   <a href="#">Meeting options</a></p>
<b>Issue Date</b>	14 February 2024

## Day 1: Thematic Workshop on Core Principles of Community-Based Care: Sustaining the Recovery Approach and Intersectoral Collaboration

Trimbos Institute: Vincent van Gogh room (upstairs 2<sup>nd</sup> floor)

Online: [Click here to join the meeting](#)

Time (CET)	Agenda Items	Lead/main points
08:30-09:00	Walk in and coffee	
09:00-09:15	Official welcome  Agenda and goals	<ul style="list-style-type: none"> <li>• <b>Nina Bos</b> (Trimbos institute, WP4 Sustainability co-lead) <i>Introduction of the thematic workshop and goals of the two day workshop + some "house rules" hybrid meeting</i></li> <li>• <b>Ledia Lazeri</b>, Regional Advisor MHF, WHO Regional Office for Europe WHO-Europe <i>Welcome &amp; insights into day 2</i></li> <li>• <b>Nathalie Belorgey</b> (BZgA, WP5 Belgian Mental Health Reform Implementation lead) <i>Connection to WP5 and general welcome from WP5 side</i></li> <li>• <b>Vasileia Konte</b> (NPHO, WP1 Coordination) <i>Sustainability of the actions in JA ImpleMENTAL</i></li> </ul>
9:15-10:30	Conceptualizing sustainability of the Belgian Mental Health Reform	<p><i>Moderation assistance WP5 colleagues</i></p> <ul style="list-style-type: none"> <li>• <b>Nina Bos</b> (Trimbos-institute) <i>Introduction of the session: what is sustainability?</i></li> <li>• <b>Bernard Jacob</b> (JA ImpleMENTAL WPAG) <i>Presentation on experience on sustainability in the Belgian Mental Health Reform</i></li> <li>• <b>José Miguel Caldas de Almeida</b> (JA ImpleMENTAL WPAG) <i>Presentation on dealing with sustainability barriers and facilitators in different contexts</i></li> <li>• Plenary discussion on what sustainability of the Belgian Mental Health Reform means in and after the JA ImpleMENTAL. <i>Slido input</i></li> </ul>
10:30 -10:45	Short break	
10:45- 12:00	Intersectoral collaboration and sustainability Learnings from community mental health in Romania	<p><i>Moderation assistance WP5 colleagues</i></p> <ul style="list-style-type: none"> <li>• <b>Raluca Nica</b> (GAMIAN) <i>Presentation on intersectoral collaboration and experience in Romania</i></li> <li>• Q&amp;A</li> <li>• Group discussion <i>Smaller groups in room and breakout rooms online</i></li> <li>• Plenary feedback and conclusions</li> </ul>
12:00 – 13:15	The concept of fidelity in community mental health (F-ACT)	<p><i>Moderation assistance WP5</i></p> <ul style="list-style-type: none"> <li>• <b>René Keet</b> (EUCOMS) <i>Presentation on fidelity in community mental health; relation to sustainability; measuring fidelity</i></li> </ul>

		<ul style="list-style-type: none"> <li>• Q&amp;A</li> <li>• Group discussion <i>Smaller groups in room and breakout rooms online</i></li> <li>• Plenary feedback and conclusions</li> </ul>
<b>13:15-14:00</b>	<b>Lunch break at Trimbos insitute</b>	
<b>14:00-15:00</b>	<b>Policy dialogues for sustainability - guidebook launch</b>	<ul style="list-style-type: none"> <li>• <b>Semmelweis University (WP4)</b></li> </ul>
<b>15:00- 15:30</b>	<b>Wrap the day up and a glimpse and connection to day 2</b>	<ul style="list-style-type: none"> <li>• Wrap up through a short evaluation (Trimbos institute WP3)</li> <li>• WHO-Europe partners <i>Moving into day 2</i></li> </ul>
<b>15:30-19:00</b>	<b>Free time/ travel to the location for dinner</b>	
<b>19:00-21:00</b>	<b>Group dinner in city center</b>	<ul style="list-style-type: none"> <li>• Dinner location to be announced</li> </ul>

## Day 2: Workshop WHO-Europe Guidance on mental health policies and legislation.

Trimbos Institute: Innovation rooms (ground floor)

Online: [Click here to join the meeting](#)

### Preparation for participants

1. All participants need to read the ppt shared prior to the meeting (see attachments invite)

2. during the session participants should be prepared to provide any major points but should not go into finer details

3. more detailed comments can be provided after the meeting

Time (CET)	Agenda Items	Lead/main points
08:30-09:00	Walk in and coffee	
09:00-09:15	Welcome and agenda of the 2 <sup>nd</sup> day	<ul style="list-style-type: none"> <li><b>Ledia Lazeri</b>, Regional Advisor MHF, WHO Regional Office for Europe</li> </ul>
<b>Session 1: WHO draft guidance on mental health policies and strategic action plans</b>		
9:15 – 10:30	<b>Introduction to the WHO draft guidance on mental health policies and strategic action plans</b> <b>Guided discussions:</b> <ul style="list-style-type: none"> <li>Service organization</li> <li>Human resource &amp; workforce development</li> <li>Person-centred, recovery and rights-based assessment, interventions &amp; support</li> </ul>	Moderator: <b>Laura Shields-Zeeman</b> (Head of Department Mental Health and Prevention Trimbos institute) <ul style="list-style-type: none"> <li><b>Michelle Funk</b>, Unit Head, Mental Health Policy law and human rights, WHO Headquarters</li> <li><b>Nathalie Drew</b>, Technical Officer Mental Health Policy law and human rights, WHO Headquarters</li> </ul>
10:30-11:00	Coffee break	
11:00- 11:45	<b>Guided discussions continued</b> <ul style="list-style-type: none"> <li>Mental health sector contributions to structural &amp; social determinants</li> <li>Governance, accountability &amp; other enablers</li> </ul>	Moderator: <b>Melita Murko</b> , Technical Officer, WHO Regional Office for Europe <ul style="list-style-type: none"> <li><b>Michelle Funk</b>, Unit Head, Mental Health Policy law and human rights, WHO Headquarters</li> <li><b>Nathalie Drew</b>, Technical Officer Mental Health Policy law and human rights, WHO Headquarters</li> </ul>
<b>Session 2: WHO guidance and practice on Mental Health, Human Rights and Legislation</b>		
11:45-12:45	<b>Introduction to the WHO guidance and practice on Mental Health, Human Rights and Legislation</b>  Presentation (30 minutes) Moderated discussion / Q&A	Moderator: <b>Melita Murko</b> , Technical Officer, WHO Regional Office for Europe <ul style="list-style-type: none"> <li><b>Nathalie Drew</b>, Technical Officer Mental Health Policy law and human rights, WHO Headquarters</li> <li><b>Michelle Funk</b>, Unit Head, Mental Health Policy law and human rights, WHO Headquarters</li> </ul>
12:45-13:45	Lunch Break at Trimbos insitute	

<p><b>13:45- 14:45</b></p>	<p><b>Introduction to the WHO guidance and practice on Mental Health, Human Rights and Legislation</b></p> <p>Presentation (30 minutes) Moderated discussion / Q&amp;A</p>	<p>Moderator: <b>Melita Murko</b>, Technical Officer, WHO Regional Office for Europe</p> <ul style="list-style-type: none"> <li>• <b>Nathalie Drew</b>, Technical Officer Mental Health Policy law and human rights, WHO Headquarters</li> <li>• <b>Michelle Funk</b>, Unit Head, Mental Health Policy law and human rights, WHO Headquarters</li> </ul>
<p><b>14:45-15:00</b></p>	<p><b>Summary, way forward and closure</b></p>	<ul style="list-style-type: none"> <li>• <b>Laura Shields-Zeeman</b> Head of Department Mental Health and Prevention Trimbos institute</li> <li>• <b>Vasileia Konte</b>, JA ImpleMENTAL WP1 Coordination</li> <li>• <b>Ledia Lazeri</b>, Regional Advisor MHF, WHO Regional Office for Europe</li> <li>• <b>Nina Bos</b> (Trimbos institute, WP4 Sustainability co-lead)</li> </ul>
<p><b>OPTIONAL</b> <b>15:00-17:00</b></p>	<p><b>Insights for sustainability from a peer-led recovery college</b></p> <p>Presentation (for all participants) and site visit (for onsite participants)</p>	<ul style="list-style-type: none"> <li>• <b>Ton Verspoor</b> and <b>Martijn Kole</b> (Enik Recovery College)</li> </ul>